

REBECCA COREN M.A., LPC  
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503-880-7706

## PROFESSIONAL DISCLOSURE

### Philosophy and Approach

As a humanistic, existential and systemic psychotherapist I believe personal growth occurs within the context of relationships. Our natural tendency toward growth and resilience are sometimes blocked due to past hurts and traumas. I help clients become unblocked by providing a safe and caring presence, honest feedback, gentle confrontation and compassion while clients examine and change problematic beliefs, behaviors and emotions that no longer serve them.

### Formal Education and Training

I hold a Master of Arts in Marriage, Family and Child Counseling, and a Post-Master's Certificate in Systems Therapy. Major coursework included: Developmental and clinical issues with children, marriage and family counseling, cross-cultural awareness counseling, sex counseling, gender issues in family therapy, systemic and structural therapy for couples and families, family of origin therapy, abusive systems, and grief and loss.

### Licensed Professional Counselor

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

### Scope of Practice

The guidance and recommendations I will provide are based on my best judgment and do not constitute a guarantee or assurance of success. You are under no obligation to follow any recommendations I may make. I do not prescribe medication. I do offer a stable and caring presence, careful listening and witnessing, respect for each person's inner wisdom, and the belief that each of us naturally tend toward growth and resilience. I encourage you to talk immediately and openly with me about any concerns or questions you have about the process of therapy. If it becomes apparent that this process is not meeting your needs, I will make every effort to connect you with someone whose approach is a better fit.

### Confidentiality

All communications between you and I will be held in confidence and will not, except in the situations below, be disclosed to anyone unless you give a written authorization to release specified information. However, if during our work together you express your intention to harm yourself (suicide) or someone else (homicide), and you are unable to seek assistance on your own, I am legally obligated to notify the appropriate authorities. I am also legally obligated to report child abuse. I will make every effort to discuss my concerns with you and to assist you in getting the support you need before taking this step.

### Fees and Appointments Policy

Sessions are 50 minutes in length and services are billed at \$75 per session. I do hold one slot open at a lower fee in cases of financial hardship. Payment is accepted at the time of the session. I deeply appreciate clients keeping appointments as scheduled, and making a change only when absolutely necessary. Appointments canceled or rescheduled with less than 24 hour notice will be charged the full fee. If you need to reach me, please call (503) 880-7706 and leave a message. I will return your call as soon as possible. My e-mail is: [rebeccacoren@gmail.com](mailto:rebeccacoren@gmail.com). I do NOT check my e-mail daily so please call my phone if you need to speak with me within one business day.

### Client's Bill of Rights

As a client of an Oregon counselor, you have the following rights:

- To expect that your counselor has met the minimal qualifications of training and experience required by state law
- To examine public record maintained by the Board and to have the Board confirm credentials of a counselor
- To obtain a copy of the Code of Ethics
- To report complaints to the Board
- To be informed of professional services before receiving the services
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, with the following exceptions: 1. Reporting suspected child abuse, 2. Reporting imminent danger to clients or others, 3. Reporting information required in court proceedings or by client's insurance company, or other relevant agencies, 4. Providing information concerning counselor case consultation or supervision, 5. Defending claims brought by client against counselor.
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at First Floor Suite G, 3218 Pringle Road SE, Salem, OR 97302-6312. Phone: (503) 378-5499.